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*Tinnitus Awareness Week 2019*

*Tinnitus Australia* is an alliance of individuals and organisation seeking to improve the outcomes for those affected by tinnitus.

Often referred to as ringing in the ears, tinnitus can affect people of all ages and from all walks of life.

February 4th- 10th is Tinnitus Awareness Week and it is important that more is understood about tinnitus, what it is, and the fact that help is available.

The *Tinnitus Australia* website has information and links that will help to guide anyone pestered by tinnitus to negation options for help and management strategies.

Thanks to the British Tinnitus Association, we now have information for General Practitioners and other medical professionals who are likely to see patients with tinnitus.

We encourage everyone who has a problem with tinnitus to see their doctor and arrange a full audiological assessment. We also recommend they visit the *Tinnitus Australia* website and encourage GP’s to do so as well.

If you or someone you know is struggling with troublesome tinnitus, help is available.

#TinnitusWeek #youarenotalone

For more information visit either [www.tinnitusaustrlia.org.au](http://www.tinnitusaustrlia.org.au) or [www.betterhearing.org.au](http://www.betterhearing.org.au) or call (03) 9510 1577

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